



## DEAR PENN EXCHANGE AND INTERNATIONAL GUEST STUDENT PROGRAM (IGSP) STUDENTS,

You've come from far and wide—some from different hemispheres, some from the other side of the equator, and some from neighboring lands—but you are now here and you are an integral part of what makes Penn unique. Welcome to the University of Pennsylvania and to New Student Orientation (NSO)!

As an exchange or IGSP student for the semester or academic year, you are a full-time Penn student. This entitles you to take advantage of all the resources that our vast campus offers, including world-class libraries, research opportunities, engaging clubs and societies, tools and resources for learning, expansive health services, sporting events, opportunities to network and learn from top tier faculty and students, and so much more. During NSO and over the coming months, open yourself to new experiences, opinions, and people; this will make your time here memorable and impactful.

We know the journey to get here has been long and, for some, taken many years. Take a moment to pause and reflect on your past. You've proved that with hard work, time management, and dedication, personal and academic success is within reach. While at Penn, keep this in mind, and take advantage of every opportunity you have to learn, grow, and expand your international network. Use your colleagues, faculty, advisors, and resources to the fullest extent, and seek support when needed. Welcome to the vibrant city of Philadelphia; we wish you the best of luck as you begin your time here at Penn!

Sincerely,

**Michael Griego**

Senior Global Programs Manager  
Exchange at Penn  
[exchangestudents@upenn.edu](mailto:exchangestudents@upenn.edu)

**Lisa Taglang**

Associate Director of International Programs  
International Guest Student Program (IGSP)  
[ltaglang@sas.upenn.edu](mailto:ltaglang@sas.upenn.edu)

## MONDAY, AUGUST 21

5:30pm-8:30pm

INTERNATIONAL & EXCHANGE/  
IGSP WELCOME PICNIC

Join Penn Global, ISSS, Penn Abroad, and the international Class of 2027 for an outdoor picnic! Free dinner will be provided, and there will be games and other outdoor activities to enjoy.



To complete the required event registration, please scan the QR code above.

Location: Shoemaker Green

8:30pm-10:30pm

## MOVIE NIGHT

Spend the evening watching Paul Blart: Mall Cop and chat with friends! Cookies and hot cocoa will be provided. Popcorn, candy, and drinks will be provided.

Location: Meyerson B1

## TUESDAY, AUGUST 22

9am-5pm

## IKEA SHOPPING TRIP

Take a bus to IKEA to buy necessities for your room and pick up and some freebies! The buses will depart campus every hour beginning at 9:30am and ending at 3:30pm. The buses will leave IKEA every hour beginning at 11am and ending at 5pm.

Bus Location: 37th St between Sansom & Chestnut

9:30am-10:30am &amp; 10:30am-11:30am

## CAMPUS TOUR

Get acquainted with Penn's resources and buildings throughout campus!

Location: Meet at Perry World House

8pm-11pm

## GAME NIGHT

A night of snacks and fun mocktails where students will be able to eat, drink, mingle, and play classic games in an exciting atmosphere.

Location: Houston Hall, Hall of Flags

## WEDNESDAY, AUGUST 23

M 9:15am-10am

## CHECK-IN

Meet other IGSP and Exchange students. Receive your NSO wristband.

Location: Chem 102 Lobby

M 10am-11am

EXCHANGE/IGSP  
WELCOME SESSION

Get acquainted with your new university!

Location: Chem 102

M 11am-12pm

PENN VIOLENCE PREVENTION &  
PUBLIC SAFETY SESSION

Hear about how to stay safe on campus and in Philadelphia.

Location: Chem 102

M 1:30pm-2:30pm

## WELLNESS AT PENN SESSION

Learn more about the services offered including physical, mental, and public health, as well as tips on managing stress and other challenges that international students may experience.

Location: Chem 102

3:30pm-5pm

EXCHANGE/IGSP  
NEW STUDENT SOCIAL

Get to know your fellow exchange and IGSP students during this new student social time.

Location: See NSO website for details

## THURSDAY, AUGUST 24

M 10am-10:45am

ISSS ACCULTURATION  
WORKSHOP

Engage in a workshop to think critically and prepare for your time abroad.

Location: Chem 102

M 10:45am-11:30am

RESOURCES OVERVIEW &  
ACADEMIC INTEGRITY SESSION

Learn more about academic support resources from the Weingarten Learning Resources Center. Discussions include rules regarding plagiarism and cheating at Penn.

Location: Chem 102

M 2pm-3pm

## WHARTON ADVISING SESSION

Meet with advisors from your admitting school and learn about advising support and policy at Penn.

Location: Steinberg Hall-Dietrich Hall 107

M 2pm-3pm

## SEAS ADVISING SESSION

Meet with advisors from your admitting school and learn about advising support and policy at Penn.

Location: Skirkanich Hall, Greenberg Lounge

M 2pm-3pm

## COLLEGE ADVISING SESSION

Meet with advisors from your admitting school and learn about advising support and policy at Penn.

Location: See NSO website for details

2:30pm-3:30pm

## IGSP ADVISING SESSIONS

Sign up on Canvas!

Location: Fisher-Bennett Hall

3:30pm-4:30pm

## CAMPUS TOUR

Get acquainted with campus!

Location: Meet at Perry World House

TO FIND A CAMPUS MAP,  
MEAL TIMES/LOCATIONS,  
FAMILY PROGRAMS, AND  
OTHER EVENTS, PLEASE REFER  
TO THE NSO CALENDAR.

M MANDATORY EVENTS