DEAR PENN EXCHANGE AND INTERNATIONAL GUEST STUDENT PROGRAM (IGSP) STUDENTS,

You’ve come from far and wide—some from different hemispheres, some from the other side of the equator, and some from neighboring lands—but you are now here and you are an integral part of what makes Penn unique. Welcome to the University of Pennsylvania and to New Student Orientation (NSO)!

As an exchange or IGSP student for the semester or academic year, you are a full-time Penn student. This entitles you to take advantage of all the resources that our vast campus offers, including world-class libraries, research opportunities, engaging clubs and societies, tools and resources for learning, expansive health services, sporting events, opportunities to network and learn from top tier faculty and students, and so much more. During NSO and over the coming months, open yourself to new experiences, opinions, and people; this will make your time here memorable and impactful.

We know the journey to get here has been long and, for some, taken many years. Take a moment to pause and reflect on your past. You’ve proved that with hard work, time management, and dedication, personal and academic success is within reach. While at Penn, keep this in mind, and take advantage of every opportunity you have to learn, grow, and expand your international network. Use your colleagues, faculty, advisors, and resources to the fullest extent, and seek support when needed. Welcome to the vibrant city of Philadelphia; we wish you the best of luck as you begin your time here at Penn!

Sincerely,

Michael Griego
Senior Global Programs Manager
Exchange at Penn
exchangestudents@upenn.edu

Lisa Taglang
Associate Director of International Programs
International Guest Student Program (IGSP)
ltaglang@sas.upenn.edu
MONDAY, AUGUST 21

5:30pm-8:30pm
INTERNATIONAL & EXCHANGE/IGSP WELCOME PICNIC
Join Penn Global, ISSS, Penn Abroad, and the international Class of 2027 for an outdoor picnic! Free dinner will be provided, and there will be games and other outdoor activities to enjoy.

To complete the required event registration, please scan the QR code above.
Location: Shoemaker Green

8:30pm-10:30pm
MOVIE NIGHT
Spend the evening watching Paul Blart: Mall Cop and chat with friends! Cookies and hot cocoa will be provided. Popcorn, candy, and drinks will be provided.
Location: Meyerson B1

TUESDAY, AUGUST 22

9am-5pm
IKEA SHOPPING TRIP
Take a bus to IKEA to buy necessities for your room and pick up some freebies! The buses will depart campus every hour beginning at 9:30am and ending at 3:30pm. The buses will leave IKEA every hour beginning at 11am and ending at 3pm.
Bus Location: 37th St between Sansom & Chestnut

9:30am-10:30am & 10:30am-11:30am
CAMPUS TOUR
Get acquainted with Penn’s resources and buildings throughout campus!
Location: Meet at Perry World House

8pm-11pm
GAME NIGHT
A night of snacks and fun cocktails where students will be able to eat, drink, mingle, and play classic games in an exciting atmosphere.
Location: Houston Hall, Hall of Flags

WEDNESDAY, AUGUST 23

9:15am-10am
CHECK-IN
Meet other IGSP and Exchange students. Receive your NSO wristband.
Location: Chem 102 Lobby

10am-11am
EXCHANGE/IGSP WELCOME SESSION
Get acquainted with your new university!
Location: Chem 102

11am-12pm
PENN VIOLENCE PREVENTION & PUBLIC SAFETY SESSION
Hear about how to stay safe on campus and in Philadelphia.
Location: Chem 102

1:30pm-2:30pm
WELLNESS AT PENN SESSION
Learn more about the services offered including physical, mental, and public health, as well as tips on managing stress and other challenges that international students may experience.
Location: Chem 102

3:30pm-5pm
EXCHANGE/IGSP NEW STUDENT SOCIAL
Get to know your fellow exchange and IGSP students during this new student social time.
Location: See NSO website for details

THURSDAY, AUGUST 24

10am-10:45am
ISSS ACCULTURATION WORKSHOP
Engage in a workshop to think critically and prepare for your time abroad.
Location: Chem 102

EXCHANGE/IGSP

TO FIND A CAMPUS MAP, MEAL TIMES/LOCATIONS, FAMILY PROGRAMS, AND OTHER EVENTS, PLEASE REFER TO THE NSO CALENDAR.

M 10:45am-11:30am
RESOURCES OVERVIEW & ACADEMIC INTEGRITY SESSION
Learn more about academic support resources from the Weingarten Learning Resources Center. Discussions include rules regarding plagiarism and cheating at Penn.
Location: Chem 102

M 2pm-3pm
WHARTON ADVISING SESSION
Meet with advisors from your admitting school and learn about advising support and policy at Penn.
Location: Steinberg Hall-Dietrich Hall 107

M 2pm-3pm
SEAS ADVISING SESSION
Meet with advisors from your admitting school and learn about advising support and policy at Penn.
Location: Skirkanich Hall, Greenberg Lounge

M 2pm-3pm
COLLEGE ADVISING SESSION
Meet with advisors from your admitting school and learn about advising support and policy at Penn.
Location: See NSO website for details

M 2:30pm-3:30pm
IGSP ADVISING SESSIONS
Sign up on Canvas!
Location: Fisher-Bennett Hall

M 3:30pm-4:30pm
CAMPUS TOUR
Get acquainted with campus!
Location: Meet at Perry World House